

IMMUNIZATION FACT OR FICTION?

The most highly regarded medical organizations, researchers and physicians in the world agree about the safety and effectiveness of vaccines. Not only do they believe it, they practice what they preach—they vaccinate the people they love most, their own families! And by doing so, they protect yours.

FICTION

INFANT IMMUNE SYSTEMS CAN'T HANDLE SO MANY VACCINES.

Your baby's immune system is way tougher than you might think. Every day, your baby is exposed to thousands of germs...no matter how tidy your house is! Asking your baby's immune system to respond to even 11 shots at the same time would only use a tiny fraction of his immune system's capacity at that moment! Vaccines actually boost the immune system and since many of the diseases they are targeting are most serious in babies and young children, get them done on time!

★★ **FACT** ★★

FICTION

VACCINES CONTAIN UNSAFE TOXINS.

It is time to accept the fact that although formaldehyde, mercury and aluminum might sound worrisome, the truth is that your own body produces small quantities of formaldehyde. Mercury is found in food, air and water AND many foods contain trace amounts of aluminum. Do you want to eat up big amounts of this stuff? No. But the amount of these materials in vaccines is tiny...really tiny...and nowhere near the amount considered harmful. This is simply a pretty poor reason to risk serious illness in your child or other children by not vaccinating...doesn't fly...no way, no how.

★★ **FACT** ★★

FICTION

NATURAL IMMUNITY IS BETTER THAN VACCINE-ACQUIRED IMMUNITY.

That sounds nice in theory but in reality, why would you want your child to have a 1 in 500 chance of dying if he or she gets measles when you could protect him with a vaccine that has been tested for over 50 years and found safe? In fact, the chance of having a severe allergic reaction to an MMR vaccine is less than 1 in a million. Every parent wants to make the safest choice for their child...that choice is clear...Vaccinate!

★★ **FACT** ★★

FICTION

VACCINES CAUSE AUTISM.

★★ **FACT** ★★

The only reason anyone started worrying about the possibility of the MMR vaccine causing autism is because in the 1990's a British doctor published a research study that raised the possibility and terrified parents. But here's the thing...his research was so full of mistakes and done so unethically that he lost his license to practice medicine. And, since that time, his fake findings have been disproven over and over by good research. Unfortunately, the actions of one corrupt individual has caused anxiety for many parents and left many children unimmunized and at risk. Let's be clear...the MMR vaccine DOES NOT cause autism....never has.

FICTION

BETTER HYGIENE IS RESPONSIBLE FOR DECREASED INFECTIONS.

★★ **FACT** ★★

Have the improvements in sanitation and drinking water that began over a century ago made us all safer from infectious diseases? Absolutely. But it is good to remember that over the past 60 years, vaccines deserve a lion's share of the credit. For example, the measles vaccine came out in 1963 and by 1970, the rate of measles infections decreased by 95%...No way do changes in hand-washing and sanitation get the credit for that improvement. The vaccine works and it works GREAT!

FICTION

VACCINES AREN'T WORTH THE RISK.

★★ **FACT** ★★

The truth is, most everything we do has some risk....driving a car, riding a bike, taking medicine for a headache, eating food made by a cook whose kitchen you haven't inspected, being out in the sun, even walking down the street. We may not be aware of it but most of us (except maybe teenagers!) calculate risks all the time and we usually decide that if the risk is low and the benefit or need is high...it is worth going ahead and doing what we want or need to do. Because vaccines are so safe and their benefit is so HUGE, this should be the easiest calculation you ever have to do!

We have been using vaccines for many decades. Thousands of studies have been done to look at their safety and at how well they work. There is no longer any debate among credible scientists who study vaccines about their safety or how important they are to community health.

KNOWLEDGE IS POWER



UNDERSTAND THE FACTS ABOUT IMMUNIZATION.

Don't put your family at risk. For more details go to www.immunizeUP.org